

HER LIFE SPEAKS

Dear Neighbor,

March 2020

Imagine writing a letter of encouragement to your *younger self* to change your perspective on the circumstances you lived through. What would you say?

Today's statistics on girls:

Starting in **2007**, the **rate of suicide for girls 10-14** years has increased **12.7%** and teen **girls 15-19** years old increased almost **8%** (CNN)

60% of girls have experienced online bullying (PR)

90% of **eating disorders** are found in **girls** (NASE)

1 in 4 girls are clinically diagnosed with **depression, cutting & anxiety** (TTB Steven Hinshaw)

34 women have served as **governors** compared to 2319 men (CFWP)

These are just some of the statistics representing our girls today. They're under tremendous pressure to look great, feel good, get exceptional grades, and date. They're confused, distrusting, don't have sincere girlfriends, and some come from broken and dysfunctional homes. They don't have self worth or know their value. They're lonely, insecure and bullied.

We understand this and we're doing something about it.

On October 3, 2020, we're hosting an **event for all teen girls in NJ and NY called The Beauty Project** at the Saddle Brook Marriott. We'll provide a place where she can be supported by the word of God, and give her tools and strategies in a fun environment to equip her to make smart decisions during these tough teen years.

Our goal is for her to feel; confident, valued, empowered, heard, and supported to live her life intentionally.

Would you partner with us to support girls to be their best and to live with an awareness of purpose and self worth? We've already reached and changed the lives of thousands of women, girls and their families. *Together we can impact more lives!*

Ways to GIVE: Venmo (Her Life Speaks), Paypal on the Donate link of the website (below). Her Life Speaks is a non profit 501(3)c and your donation is tax deductible.

Thank you.

June Collignon

Chairwoman for The Beauty Project

"For (she) is God's masterpiece. Created to do good things planned long ago" Ephesians 2:10 (Paraphrased)

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Partner with Her Life Speaks to make a difference in a girl's life!

Ways to Give:

Girls Journals: \$250 _____

Supplies: \$300 _____

Other amount: \$ _____

Scholarship for 1 girl: \$35 _____

Scholarship for 2 girls: \$70 _____

Sponsor a table: \$210 _____

Please return this form with a check to: Her Life Speak 22 Hillside Ave.
Glen Ridge, NJ 07028. Or pay on Venmo (Her Life Speaks), PayPal on the
Donate page of the website: www.herlifespeaks.org

Thank you on behalf of our future **women leaders!**